

VIETNAM

UNBOUND STUDY TOUR
SUSTAINABLE DEVELOPMENT



unbound

CONTACT

programs@unbound.edu.au
unbound.edu.au
PO Box 985, North Melbourne, Vic, 3051, Australia

KEY DETAILS

Program Length

14 days

Program Cost

AUS\$3,000

Payable as \$250 deposit

+ \$2,750 balance

Apply any time, and as early as possible because:

We use rolling applications and programs will close once full; and universities have internal deadlines for funding programs for funding programs like OS-HELP.

INCLUSIONS

INCLUDED

- Accommodation (including hotel, hostel, home-stays)
- Meals for the duration of the program
- >100 contact hours of educational content and cultural experiences
- Expert program facilitators
- Coursework and educational content
- Translators and local guides
- Cultural and social activities
- Transport within the country (including airport pickup / drop off)
- Pre-departure support
- Safety and security monitoring and planning

NOT INCLUDED

- International flights
- Passport and visa costs
- Travel insurance (Students travel insurance may be covered by their university's travel insurance policy. Get in contact with your Student Mobility Office to find out.)
- Personal expenses (such as souvenirs, drinks, laundry, medical expenses, phone calls)



PROGRAM INFORMATION

PROGRAM OVERVIEW

In September 2015, world leaders at the United Nations Sustainable Development Summit in New York agreed to a new global development agenda: the Sustainable Development Goals (SDGs). Backed by the 193 UN member states, the 17 SDGs set the priorities for development through to 2030 and will use these to inform governments, not-for-profit and business policy and priorities.

From eliminating poverty to creating sustainable cities, from providing clean water to reducing inequality, these goals aim to address the world's most pressing development challenges.

The United Nations Sustainable Development Goals Study Tour (Vietnam) is an immersive educational program to provide students with first-hand knowledge of the SDGs in an emerging economy context. It uses a multi-disciplinary, team-based project to explore these global issues, while also improving their understanding of Australia's role in addressing the SDGs.

This program provides student participants with the opportunity to learn in the Vietnamese and Asian context, undertake a multi-disciplinary work project, and developing their cross-cultural knowledge and skills. This innovative program aims to create socially-minded professionals ready to effectively engage on global issues in the Asian Century.

ACTION PROJECTS

Unbound uses Action Projects to help participants to encourage everyone to get hands on with the design process. They are opportunities to apply the concepts that you have learnt, to a real life application for the program partner, for a community, or even that you can take back home to work on in Australia.

You will work in a team of 3 - 5 people from different disciplines who are all interested in similar topics. You will work on the project for the duration of the program, and will present your solution at a graduation ceremony at the close of the program.

Using this workbook, practical sessions, educational workshops and unstructured sessions, we will work through the stages of designing and prototyping your action projects. These stages are the stages that you can use for any types of projects in the future.



Action Project Topics

Projects could be a piece of technology (e.g. solar lamp), an education project (e.g. a hygiene poster for children), or they could be something like a website, marketing materials, or an event. You may have the chance to work on projects that previous groups have worked on, to develop these further. We encourage you to think up creative, diverse solutions that could positively change lives in Vietnam or Australia.

In Vietnam, our program partners provide a list of project ideas. These projects are ideas that will be useful for their work, or that address a need that the partner has identified after their years of work within the context. There may also be the chance to work on projects that student groups have worked on in previous program, and to develop these and take them to the next stage or revision.

We suggest you work with one of these ideas but do talk to your Facilitator if you have a special topic you would love to work on. We encourage you to think up creative, diverse solutions that will positively change lives either in Vietnam or Australia.



Timeframe & Scope

You will be in country for a total of two weeks, that includes time spent working on your projects, travelling and immersing ourselves in local culture, sightseeing and the unexpected! So, when project time is scheduled in, you should try to make the most of it. While we do encourage you to have big ideas, projects should be achievable within the two weeks. We want to see you with a ready to go prototype by graduation.



Resource Acquisition

Creating your action project prototype, you may need help with resources. Please discuss your resource needs with Facilitators as your ideas develop and we will work together with our local partners to source and assist your team.



Target Audience

Your project should be designed with one of these groups in mind: one of our program partners; one of the communities, groups or organisations you visit; or a group, organisation, or community that you work with at home



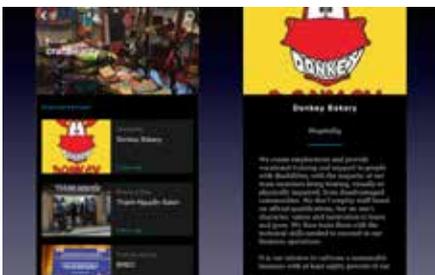
Due Date

Teams are required to give a presentation on **DAY 13** of the trip and submit all documentation and media on this day. If you are having trouble collating everything on time, please speak to your Facilitator individually.

PREVIOUS ACTION PROJECTS

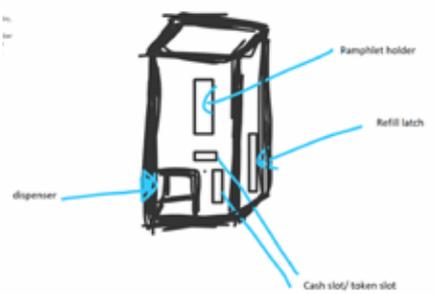
Able Work

After visiting several social enterprises that supported the training and employment of people with disabilities, one group of students prototyped an app that would support this kind of positive impact action. The app highlights employment and training opportunities for people with different physical disabilities, as well as resources (as suggested by local employers) such as blogs on how to tackle job interviews.



Be Smart, Don't Start

This idea arose after a student group learned that cardiovascular disease was a big killer in Vietnam, and that smoking was the primary cause. Students designed an awareness raising campaign, as well as learning tools such as different sized bamboo straws to 'experience' what emphysema is like in collaboration with Vietnamese youth. Their initial prototype was made with paper, although their ultimate plan to use bamboo was influenced by the sustainability of this material. The aim of this project was to help prevent people from starting to smoke.



PROTOTYPE & SOLUTION

EDUCATIONAL WORKSHOP

CONDOM DISPENSARY & BROCHURE

Chim & Buom

Chim & Buom (Birds and Butterflies) was a project based on sex-education of Vietnamese Youth. The group working on this project identified a gap where government initiatives were focused on educating family units, but there was little evidence of youth-focused education programs. Students designed an educational workshop targeting adolescents where a safe space could be created for youth to ask their questions about sex and sexual health. They also designed and prototyped a condom dispensary unit that would work with both cash and Chim & Buom tokens, given to young people during the workshops.

ASSESSMENT & DELIVERABLES

**ALL PROTOTYPES
& DOCUMENTATION
MUST BE COMPLETE
AND SUBMITTED
BY DAY 13 OF
THE PROGRAM
(GRADUATION DAY).**

Why the documentation?

Creating meaningful documentation is essential for the longevity of your work. If your project is something that spans over a period of time, good documentation means a future team can pick up where you left and delve deeper into refining and adapting an initial concept of design. It also means community members aren't constantly interviewed and asked questions.

What's in it for you?

Being able to reference an international design challenge project is an invaluable asset for your professional careers. "Can you tell me about a time that you have had to think creatively to find innovative solutions?"

"How do you respond when working in an interdisciplinary team with members of different skill sets to yourself?"

Well-kept notes and documentation can be used to select essential skills for job applications or preparing for interviews, and digital summaries of your project can be linked to an online profile such as LinkedIn or portfolio.

EACH GROUP WILL COMPLETE:

Prototype

Groups will develop a working prototype in order to gain feedback on the idea, and to present at graduation as a proof of concept. This should be as complete as possible. For example if students are working on a bamboo water filter they should have an example bamboo water filter to present. It may not be the final version and many more iterations are likely to be required, which should be documented.

Report

Groups will develop a short 2-4 page report or pitch deck detailing their project. Reports should include background information such as the design challenge and the stakeholders included in the project; an explanation of their prototype and design; and future recommendations for later iterations or subsequent groups working on this project.

Presentation

Groups will present on graduation day about their prototype. This should be a succinct and engaging pitch and explanation about their project and prototype. Time allocated will depend on the group size - approx 5 - 7 minutes.

Video

Groups will put together a short (up to 3 minutes) video about their project and the process that they went through to arrive at their prototype.

Depending on your university's course requirements, there may be additional assessment tasks, such as a reflective essay or program report.

PROGRAM STRUCTURE

SUSTAINABLE DEVELOPMENT GOALS

This program is structured around a Sustainable Development Goals Action Project, where students develop a project to support achieving one of the 17 goals laid out by the UN in 2015.

Working with a small multidisciplinary team, you will collaborate on the design and development of a practical project. This project could vary from the design of a social enterprise, a campaign, a creative piece, or an educational program.

The project helps you focus on and explore specific issues throughout site visits, guest lectures, community homestays and cultural activities. You will present your project on the last day of the program.

This is an opportunity for you to engage in teamwork, creative problem-solving, multi-disciplinary collaboration and project management.

Accompanying the Sustainable Development Goals Action Project, throughout the program you and your peers will be divided into your respective streams (Business and Entrepreneurship / Design and Innovation / Community and Culture) to allow for deep dive discussions with a professional scope. These include a technical career dinner and breakout workshop.

You will also improve your personal research and communications skills by examining the SDGs in detail (both prior and during the study tour) and presenting your findings to the entire group.

Over the course of the program, you will have the opportunity to lead discussions, explore topics collaboratively, and present your insights & solutions to industry experts in a professional setting.



COURSE OUTCOMES

DURING THIS STUDY TOUR YOU WILL

1. Display an increased understanding of working in a Vietnamese and Asian context, including cross-cultural collaboration, cultural sensitivity and engagement.
2. Demonstrate an understanding of global development and the United Nations Sustainable Development Goals – including their application in both a developing country and Australian context.
3. Demonstrate an ability to work within multi-disciplinary teams in order to achieve professional and personal goals – including time management, problem-solving, critical thinking and coordination of work.
4. Increased professional skills including group-work, leadership, oral communication, project design and management.
5. Gain practical experience in an international professional context.
6. Understand social and developmental challenges and translate into a project based on innovative and entrepreneurial approaches.
7. Improved understanding and appreciation of active global citizenship, social enterprise and community development issues.
8. Improved ability for introspection and self-reflection.



FUNDING & CREDIT

This program is designed to count for credit and/or meet a program work experience requirement. As such, students may be eligible for OS-HELP funding for this program. OS-HELP is a Government loan scheme providing up to \$7,764 in funding to study in Asia.

More information can be found here:

<http://studyassist.gov.au/sites/studyassist/help-paying-my-fees/os-help-overseas-study/pages/os-help-loans-and-study-overseas>

Scholarships and other funding support may be applicable depending on availability and eligibility through study abroad and student mobility offices.

Note for Engineering Students

This program has been designed and coordinated by a Chartered Professional Engineer (CPEng) and is eligible for 80 hours of professional engineering work experience, towards achieving their Engineers Australia Stage 1 Competencies.





COUNTRY INFORMATION

VIETNAM: ESSENTIAL COUNTRY INFORMATION

Capital	Hanoi
Population	88.78 million
Main Language	Vietnamese
Currency	Vietnamese Dong
Time Zone	UTC+07:00
Government	Marxist-Leninist one-party socialist republic
Weather and climate	Warm Season: April to October (approx. 25-30°C) Monsoon: June & August (approx. 26-30°C) Cool Season: November to March (approx. 17-25°C)

Health and Safety

- Health insurance – is essential for travel to Vietnam
- Visit your doctor before arriving to ensure any required vaccinations are completed and health issues are discussed
- Register with Smart Traveller – <http://smartraveller.gov.au/> Bring any medications that you may need with you.
- We will have a first aid kit, trained first aiders, and we can access health clinics and hospitals. We will brief you on risks, health and safety daily
- The most common injuries and health issues for travellers are accidental injury (especially traffic accidents) and bouts of stomach sickness

WHAT TO PACK

SOME THINGS YOU SHOULD PACK INCLUDE:

We recommend that you bring a smaller bag to take things to the homestays where space is more limited. You will be required to carry these including some moderate walks. Backpacks are recommended.

Clothes

The aim for your clothes are to be comfortable, respectful and present well.

- Comfortable walking shoes
- Thongs / flip flops
- Loose fitting long sleeve shirts
- T-shirts / Polo shirts - shoulders should be covered, nothing sleeveless for men or women
- Jumper (according to the climate of your country)
- Jackets (according to the climate of your country)
- Shorts (according to the climate of your country)
- Pants (according to the climate of your country)
- Socks and underwear
- Sunglasses
- Sunhat
- Swimmers
- Pyjamas
- If possible, pack one smart/casual outfit for your final presentation.

Toiletries

Most basic hygiene products can be purchased in country if needed.

However, you may still want to pack the following:

- Sunscreen
- Toothpaste / Toothbrush / Floss
- Small shampoo / conditioner
- Razor or shaver
- Deodorant
- Tissues or emergency toilet paper
- Body wash / soap
- Wet wipes (biodegradable for reduced impact)/Hand sanitiser
- Contact Lens case and solution
- Eye drops
- Menstrual products - women
- Nail clippers

Medical and First Aid Kit

- Personal medications
- Small travel first aid kit - band aids,
- Drugs - paracetamol, diarrhea medicine (GastroStop), hay fever or allergy medicines, nausea or travel sick tablets for windy roads or boat journeys, ural if you are prone to UTIs, hydrolytes
- Mosquito repellent

Note for Women

- Please bring a supply of tampons, panty liners, mooncup, pads etc for the whole trip according to your cycle. Although menstrual products are available in country in main cities and supermarkets, they may not be as comfortable or available as you are used to in Australia, so pack this!

Electronics

- Laptop / Tablet / iPad - although it isn't compulsory, a device like this will be invaluable to research and conduct your Action Projects
- Phone (unlocked)
- Camera
- Power adapters / converter (multi country ones are useful)
- Torch (handheld, head torch, or use your phone)
- Powerbank or Portable battery pack + cable

Travel Well

- Day bag for water, sunscreen etc. -very practical and useful
- Small plastic bags or reusable cloth bags (for dirty laundry, extra clothes, small supermarket or souvenir shopping)
- Reusable water bottle to reduce plastic consumption
- Passport and Passport Holder
- Vaccination Booklet (yellow)
- Passport Photos (x4) - for general travel -SIM cards/visas
- Photocopy of Passport
- Print out of travel itinerary
- Blank notepad or diary to write down/doodle your travel thoughts
- Backpacks are preferred over suitcases
- Eye Mask
- Ear Plugs
- Travel Pillow
- Lightweight scarf (good to keep the sun off, doubles as a pillow)
- Cash to exchange in country or debit/credit card (notify your bank of international travel)

Optional but Fun

- Vegemite / Tim Tams or other tastes of Australia that you might want to share
- Photos of your family, house, friends, university (this can be on your phone or printed out)
- Playing cards or travel games

Don't Pack

- Anything that is illegal in either Australia or the destination country
- Drugs and alcohol
- Towel (not necessary - but feel free to bring small travel towel)
- Sleeping bag
- Massive suitcase that you can't carry
- Inappropriate or revealing clothes (short shorts, singlets, clothing with offensive/beer slogans, impractical heeled shoes)

LOCAL PARTNER



KHAC

khac.com.vn

KHAC is a social enterprise which specializes in organizing educational tours to promote positive values of life among humans. In collaboration with other social enterprises and local communities,

KHAC provides the most authentic, lively, and compassionate experience-based learning programs to enable urban children to regain its balance, love towards a peaceful life.



ABOUT UNBOUND

LEARN WITHOUT BOUNDARIES

Unbound is an Australian social enterprise that leads innovative overseas educational programs with a focus on social and environmental issues.

The organisation aims to educate and connect students to important global issues; to increase the number of students undertaking international education and mobility programs; and to provide tangible connections between technical knowledge and their application to create positive social change.

Unbound draws on a network of academics, educators, community partners and industry groups to make a positive contribution to higher education, student engagement and mobility. Above all, Unbound is committed to the delivery of safe, inclusive, high quality and engaging educational programs for Australian university students.

Our Approach

- 7 Billion Teachers - We believe everyone has something to teach and share.
- Learning by Creating - Making projects for the real world is an exceptional way to learn.
- Working across Borders - Working at the intersection of disciplines is where innovation and real change happens.
- Embrace Innovation - We don't always have the answers, but are ready to try new things and find out.
- Powered by Humans - We care. We learn. We connect. We enjoy the ride.

To read about our awesome team & facilitators, visit: unbound.edu.au/about



WHAT ARE YOU WAITING FOR?

APPLY NOW!

[UNBOUND.EDU.AU/APPLY](https://unbound.edu.au/apply)

unbound

CONTACT

programs@unbound.edu.au
unbound.edu.au
PO Box 985, North Melbourne, Vic, 3051, Australia
